

Tarpanam Sankalpam – Nandhana Varusham (2012~13)

Sankalpam and its meaning

We are always curious to know the meaning of the Sankalpam that we take before the start of a pooja or ritual.

Firstly, we need to know the Hindu Cosmic cycle.

1 Mahayuga = Sum of 4 Yugas (Krita, Treta, Dwapara and Kali) = 4,320,000 years. 1000 such mahayugas comprise a day-time of Brahma also known as a Kalpa. The kalpa is ruled by 14 manus in succession. The reigning period of a manu is one manvantara which is 71.42 mahayugas. There is an equivalent night-time of 4,320,000,000 years. The day-night of Brahma together constitutes one Brahma day (8.64 billion years). 360 Brahma days constitute a Brahma year while 360 years represent the lifetime of Brahma which is the life of the cosmos. Doing this simple maths gives the age of the cosmos to be 311 trillion years. Carl Sagan, the noted scientist says in relation to this, ""The Hindu religion is the only one of the world's great faiths dedicated to the idea that the Cosmos itself undergoes an immense, indeed an infinite, number of deaths and rebirths. It is the only religion in which the time scales correspond, to those of modern scientific cosmology. Its cycles run from our ordinary day and night to a day and night of Brahma, 8.64 billion years long. Longer than the age of the Earth or the Sun and about half the time since the Big Bang. And there are much longer time scales still."

We are presently in the Sveta-Varaha kalpa in the reigning period of Vaivaswatha - the 7th manu. In this manvantara we are in the 28th mahayuga. As per our Cosmology, Brahma is supposed to have completed 50 Brahma years and is in his 51st year. That is why he is called "Parardha-dvaya-jivin" (ie) he lives for two parardhas. A parardha is half. Two halves make one. He is called so as he has completed one half of his tenure. These terminology makes better sense in relation to the Sankalpa.

The actual Sankalpa mantra and its meaning runs like this

".... dviteeya parardhe - in the 2nd half of Brhama's life
Svetavaraha kalpe - in the kalpa of Sveta-Varaha
Vaivaswatha manvantare - in the reining period of the current manu
Vaivaswatha
Ashta Vimsati tame - in the 28th mahayuga of the current manavantara

Kaliyuge - in this kali yuga

Prathame Padhe - in the first quarter of this yuga

Jamboodveepe - this denotes the place where the ritual is performed. India was known as Jambudveepa

Bharata Varshe, Bharata Kande - in the land of Bharat

Sakhabde Mero, Dakshine Parsve - to the South of the Meru mountain

Asmin Varthamane Vyavaharike - in the current period now reigning

Prabhavadi Shasti Samvatsaranam Madya - among the cycle of 60 years starting from Prabhava

Nama Samvatsare - the name of the year in the 60 year Hindu calendar

....Ayane - Dakshinayane (Aadi to Marghazi) or Uttarayane (Thai to Aani)

....Ritou - denotes the 6 seasons or Ritus - Vasantha, Greeshma, Varsha, Sharadh, Hemantha and Shishira

....Mase - one of the 12 tamil months

....Pakshe - either Shukla Paksham (day after Amavasya till and including Pournami) or Krishna Paksham (day after Pournami till and including Amavasya)

....Subha Thithou - one of the 15 days between Pournami and Amavasya (Prathama, Dvithiya, Trithiya, Chaturthi, Panchami, Shasti, Saptami, Ashtami, Navami, Dasami, Ekadasi, Dwadashi, Trayodasi, Chaturdasi, Pournami or Amavasya)

....Vasara Yuktayam - one of the days of the week (Bhanu, Soma, Bhowma, Soumya, Guru, Brugu and Sthira)

....Nakshatra Yuktayam - the day's star or Nakshatram.

After saying the above the name of the ritual is said. The Paramacharya says the Sankalpam is a kind of record of what you performed with finer details going down to the day and location of the ritual. It seems to me the forerunner for a kind of bookkeeping or a system of maintaining minutes of a meeting.

[Sankalpam: Detailed explanation](#)

Let us understand the meaning of the phrases that the Sankalpam is comprised of. To understand the phrases in the Sankalpam we need to understand the concept of the Cosmic Cycle and Cosmic time calculations

[Cosmic Cycle](#)

Time, as per Hindu practices, has evolved and revolves around the life cycle of Brahma, the Creator. This is known as the Hindu Cosmic cycle. Cosmic cycles are infinitely recurring periods of the universe, comprising its creation, preservation and dissolution.

Time Calculations

We start by using a calendar year as the basis. Unless otherwise specified, year shall mean a Calendar Year. One year for humans represents one day for the divine beings. 360 such divine days make one divine year. 12,000 such divine years makes a Mahayuga comprising the 4 yugas of Krita, Treta, Dwapara and Kali yugas.

i.e. each Yuga comprises of the following calendar years:

- Kali yuga 432,000 years
- Dwapara yuga 864,000 years
- Treta yuga 1,296,000 years
- Krita yuga 1,728,000 years.

Kalpa

Total for one Mahayuga (Also called Chatur Yuga) = 4,320,000 years or 4.32 million years.

72 Mahayugas constitutes one 'Manvantara' (i.e.) the life of a Manu, the law giver (we are in the 28th Mahayuga)

14 such Manvantaras make one day or Kalpa of the Creator Brahma.

2 kalpas = 1 day and night of Brahma (called Ahoratras)

360 ahoratras = 1 year of Brahma

Parardhe

Half the life span of Brahma, OR 50 Brahma years. We are in the 51st Brahma Year, OR the second or Dwiteya Parardhe

Two Parardhe : Life span of Brahma ie 100 years

After that, pralaya equal to the duration of 2 parardhas take place, and at its end, a new cycle starts.

Jamboo dweepE

Then, the Sankalpa refers to the geographical position of the place where the ritual is performed. This could be the historical or mythological name of the place. Bhagavata Purana deals with the geography of the world in a great detail. It divides the world into seven dweepas. AND India is in Jambu dweepa ,and America in Krauncha dweepa.

BhArata varshE, Bharata: khaNDE, SakAbde, merO: dakshiNE pArSvE

In the geographical part to the south of the Meru Mountain in the land of Bharata. Meru is the mythological heavenly mountain, and our planet Earth is south of it. Technically, this also means that this particular term merO: dakshiNE pArSvE would be applicable to all parts of the world.

.....nAma samvatsarE

Resuming the reference to time, the Sankalpa proceeds further as follows: Samvatsaram is a Year. Hindu calendar has a 60 year cycle. Next year is **Nandhana** corresponding to the Year (2012 -2013)

.....AyaNE (Ayanam)

As per calendars based on the solar system the year is divided into two halves in accordance with the movement of the sun, Northwards and Southwards. The former is termed Uttaraayanam and the latter Dakshinaayanam.

Dakshinayanam (6 months) - Aadi to Margazhi
Uttarayanam (6 months) - Thai to AaNi

.....Ritou (Rithus)

The year is divided into 6 seasons or RITUS, which correspond to 2 months each of the Lunar Calendar. These are as follows:

- Chithirai & Vaikasi = Vasantha Rithu (March-April, April-May)
- Aani & Aadi = Greeshama Rithu (May-June, June-July)
- Aavani & Puratasi = Varsha Rithu (July-Aug, Aug-Sep)
- Iypasi & Karthigai = Sharadh Rithu (Sep-Oct, Oct-Nov)
- Markazhi & Thai = Hemantha Rithu (Nov-Dec, Dec-Jan)
- Masi & Panguni = Shishira Rithou (February/March)

.....Subha-tithau (Thithis)

These are days of the month calculated from the day after Pournami, till Amavasya, or vice versa.

Pournami/Amavasya + 1: Prathama

- + 2. Dvithiya
- + 3. Trithiya
- + 4. Chaturthi
- + 5. Panchami
- + 6. Shashti
- + 7. Saptami
- + 8. Ashtami
- + 9. Navami
- + 10. Dasami
- + 11. Ekadasi
- + 12. Dvadashi
- + 13. Trayodasi
- + 14. Chaturdasi

+ 15. PourNami OR Amavasya

.....mAsE (Months)

- Chitirai – Mesham April - May
- Vaikasi – Rishabam May – June
- Aani – Mithunam June - July
- Aadi – Kadakam July - August
- Aavani – Simham August - Sep
- Puratasi – Kannya Sep - Oct
- Iypasi – Tulam Oct - Nov
- Karthigai – Virchikam Nov - Dec
- Markazhi = Dhanur Dec - Jan
- Thai – Makaram Jan - Feb
- Masi – Kumbam Feb - March
- Panguni – Meenam March – April

.....pakshE (Paksham)

Shukla Pakshe: day after Amavasya till and including Pournami
Krishna Pakshe: day after Pournami till and including Amavasya

.....vAsara (days of a week)

- Sunday: Bhanu Vasara;
- Monday: Indu/Soma Vasara;
- Tuesday: Bhowma Vasara;
- Wednesday: Soumya Vasara;
- Thursday: Guru Vasara;
- Friday: Brugu Vasara;
- Saturday: Sthira Vasara

.....nakshatra yuktAyAm (Nakshatram)

Aswani/ Aswinee ,
BharaNi/ apabharaNee ,
Karthikai/ Krutthikaa ,
ROhiNi/ ROhiNee ,
Mrugaseersham/ Mrugasiras ,
thiruvAdhirai/ AardhrA ,
Punarpoosam / PunarvasU ,
Poosam / Pushyam,
Aayilyam/. AasiEshA ,
Makam / MaghA ,
Pooram/ Poorvabhalgunee ,

Hastham/ HasthA ,
Chittirai/ ChithrA ,
SvAthi / SvAthee ,
VisAkam/ VisAkaa ,
anusham/ anurAdhA ,
KEttai/ JyEshtA ,
Moolam/ Moolaa ,
PoorAdam/ , PoorvAshADaa ,
UttharAdam/ UtthaAshAadaa ,
ThiruvONam/ SravaNam ,
Avittam/ Dhanishta ,
Sathayam/ Sathabhishak ,
PorrattAthi/ Poorvabhadhra ,
UttharattAdhi/UthrabhdhrA ,
Revathy/REvathee .

Example

The following is a worked out example of the Sankalpam. This is for Yajur Upakarma for Saturday, 16th August, 2008. The Ritual Year was Sarvadhari, it was Dakshinayane (since it was Adi month) Kataka Mase, the ritual name for the month of Adi, Shukla Pakshe since it was pournami and paksham would change the next day, Pourniasyam, the name for Pournami, and since it was Saturday, it was Sthira vaasa. The star of the day was Sravana.

*Sri govinda govinda govinda!
asya Sri-bhagavata:
mahA purushasya
vishNor AgjnayA
pravartamAnasya
aadhya brahmaNa:
dviteeya-parArdhE
Sri-SvEtha-varAha-kalpE,
vaivasvatha-manvantarE,
kaliyugE,
prathamE pAdE,
Jamboo dweepE,
BhArata varshE,
Bharata: khaNDE,
SakAbde:
merO: dakshiNE pArSvE
asmin vartamAnE vyAvahArike,*

PrabhavAdi shashTi samvatsarANAm madhyE

*Sarvadhaari Naama samvathsare
Dakshinaayane
greeshma rithou
kataka Maase
Sukhla Pakshe
Pournamaasyaam subha thithou
sthira vaasara
Sravana Nakshathra*

*Sri-vishnu-yOga,
Sri-vishnu-karaNa,
Subha-yOga, Subha-karaNa,
Yevam guNa,-viSeshaNa viSishTAyAm,
asyAmAsyAm Subha-tithou,
Sri-Bhagavad-AjnayA, Sri Bhagavat-kainkarya-roopam*

Sixty Year Cycle Calender

The 60-year cycle of the Tamil Calendar is also found in many North Indian traditional calendars, with the same name and sequence of years. This 60-year cycle is also used in the Chinese calendar.
After the completion of sixty years, the calendar starts anew with the first year. This corresponds to the Hindu "century." The Vakya or Tirukannitha Panchangam (the traditional Tamil almanac) outlines this sequence.
The following list presents the current 60-year cycle of the Tamil calendar:

No.	Name (English)	Gregorian Year	No	Name (English)	Gregorian Year
1	Prabhava	1987 - 1988	31	Hevilambi	2017 - 2018
2	Vibhava	1988 - 1989	32	Vilambi	2018 - 2019
3	Sukla	1989 - 1990	33	Vikari	2019 - 2020
4	Pramodhoodha	1990 - 1991	34	Sarvari	2020 - 2021
5	Prachorpaththi	1991 - 1992	35	Plava	2021 - 2022
6	Aangirasa	1992 - 1993	36	Subakrith	2022 - 2023

7	Srimukha	1993 - 1994	37	Sobakrith	2023 - 2024
8	Bhava	1994 - 1995	38	Krodhi	2024 - 2025
9	Yuva	1995 - 1996	39	Visuvaasuva	2025 - 2026
10	Thaadhu	1996 - 1997	40	Parabhaava	2026 - 2027
11	Eesvara	1997 - 1998	41	Plavanga	2027 - 2028
12	Vehudhanya	1998 - 1999	42	Keelaka	2028 - 2029
13	Pramathi	1999 - 2000	43	Saumya	2029 - 2030
14	Vikrama	2000 - 2001	44	Sadharana	2030 - 2031
15	Vishu	2001 - 2002	45	Virodhikrithu	2031 - 2032
16	Chitrabaanu	2002 - 2003	46	Paridhaabi	2032 - 2033
17	Subaanu	2003 - 2004	47	Pramaadhisa	2033 - 2034
18	Thaarana	2004 - 2005	48	Aanandha	2034 - 2035
19	Paarthiba	2005 - 2006	49	Rakshasa	2035 - 2036
20	Viya	2006 - 2007	50	Nala	2036 - 2037
21	Sarvajith 8	2007 - 2008	51	Pingala	2037 - 2038
22	Sarvadhari	2008 - 2009	52	Kalayukthi	2038 - 2039
23	Virodhi	2009 - 2010	53	Siddharthi	2039 - 2040
24	Vikruthi	2010 - 2011	54	Raudhri	2040 - 2041
25	Kara	2011 - 2012	55	Thunmathi	2041 - 2042
26	Nandhana	2012 - 2013	56	Dhundubhi	2042 - 2043
27	Vijaya	2013 - 2014	57	Rudhrodhgaari	2043 - 2044
28	Jaya	2014 - 2015	58	Raktakshi	2044 - 2045
29	Manmatha	2015 - 2016	59	Krodhana	2045 - 2046
30	Dhunmuki	2016 - 2017	60	Akshaya	2046 - 2047

Tarpanam Mantram



NOTE: To be seated –face to east- Dharba Pullu and Koorcham to be kept in Tambalam. Inside Thambalam two Dharbha to be kept left and right, above that one Koorcham to be kept faced to south . Details of Tharpana Mantra are given below: (this will be helpful especially to those facing the problem of non-availability of Vadhyar or shortage of Vadhyar or to leave very early to office etc .)

For Samkrama Tharpanam days i.e. Makara Ravi, Kadaka Ravi, Thula Ravi and tharpanam falling on Fridays, Tuesdays, Sundays and grahana Tharpanam, Rice + ellu (Black Til) to be used, while on ordinary Tarpanam days only ellu is to be used.

Those desiring to do the Tharpanam with Rik, i.e. two Koorcham and to do each tharpanam with mantram then they should take the help of a vadhyar or can consult the Mantra books like Nithyannikam etc.

This has to be done for 12 persons – i.e. six from father side (Pithru Vargham) and six from mother's grandfather side (Matha Maha Vargham).

(Note: **BHODAYANA AMAVASAI** will fall on Chaturdasi Day as the day of Amavasai, Shukla Paksha Prathama starts before sunset. Sometimes, Chaturdasi and Amavasai will fall on same day then both will come together as SARVA AMAVASAI).

PROCEDURE

Aachamaneeyam (Aacharya) – Wear the Pavitram on right hand ring finger – Put two Darbha as aasanam (Under the legs) – Apa-upa Sprisya (Touch the water) and keep two Darbha along with Pavitram.

Aum shuklam bharadaram vishnum sasivarnam chaturbhujam prasannavadhanam dyayeth sarvavignopasanthaye. Aum bhuhu, Aum Bhuvaha, Aum Suvaha, Aum Mahaha, Aum Janaha, Aum Thapha, Augum Sathyam, Aum thatsavithurvarenyam Bahrgodevasya Deemahi Dhiyoyona prachodayaath Aumaapo Jyothirasomrutham Brahma Bhurbhuvasuvaraum Aum Aum Aum.

**Mammopatha Samastha Dhurithakashayadwara Sri Parameswara
 Preethyartham – Thatheva Lagnam Sudinam Thatheva, Tharabalam
 Chandrabalam Thatheva, Vidyabalam Daivabalam Thatheva, sri
 Lakshmiathe Agriyugam Smarami – Apavithrova Sarva Vastham
 Gathopiva – Yasmareth Pundareekaksham – Sabahya Abhyanthara
 Suchihi, Maanasam Vaachikam Paapam – Karmanaam Samuparjitham –
 Sri Rama Smaranenaiva Vyapohathi Na – Shamsayaha – Sri Rama, Rama
 Rama- Thithir Vishnu - Thatha Vara Nakshatram Vishnurevacha
 Yogascha Karanam Chaiva Sarvam Vishnu Mayam Jagath, Sri Govinda,
 Govinda, Govinda – Aadya Sri. Bagavathaha Maha Purushasya
 Vishnorajnaya Pravarthamanasya Adya Brahmana Dwithheeya Pararade
 Swetha Varaha Kalpe Vaivaswatha Manwanthare Ashtavim-sathi thame
 Kaliyuge Prathame Paadhe Jumbu Dweepe Bhaaratha Varshe Bharatha
 Kande Meroho Dakshine Paarswe Sakabhdhe Asmin Varthamane
 Vyavaharika Prabhavadhinam Sashtyaha Samvatsaranam Madhye
Nama Samvatsare
Ayane.....Rithow.....Mase.....Pakshe.....
Punyathithow.....Vasara Yukthaayam.....Nakshatra
 Yukthaayam Subhayoga Subhakarana Evam Guna Visheshana
 Vishishtayaam Asyam Amavasyayam..... Punyathithow (Poonal
 to left side).....gothranam (Say your gothram) vasurudra Aaditya
 Swaroopanam Asmath Pithru Pithamaha Prapitha Mahaanam-
 (If Mother Expired Then Say – Mathru Pithamahi Prapithamaheenam) –
 (If Mother Alive Then Say – Pithamahi Pithupithamahi,
 Pithuprapithamaheenam) –Gothram (Say your Ammanathu
 Gotharam) Vasurudra Aadithya Swaroopanam Asmath- sapatheeka
 Mathamaha Mathu Pithamaha Mathu Prapitha Mahaanam, Matha Mahi,
 Mathu Pitha Mahi, Mathu Prapitha Maheenam Ubhaya Vamsa Pithrunam
 Akshaya Tripthartham..... Punyakale vargadwyaya Pithrun Uhisya
 Darsa Sraadham/Sankramana/Uparaga Sraadham hiranya roopena adya
 karishye, thathangam thila Tharpana cha Karishye (**the two darbha which
 kept along with Pavitram put it on the north side and touch the water.**) –
**Put the poonal on the right side as usual – and do the
 namaskaram)** Devathabhya Pithrubhyascha maha Yogibhya Evacha Nama
 Swadhaye Swahaye Nithyameva Namoh Namaha – yani Kani Cha Papani
 Janmanthara Krithani Cha Thani Thani Vinasyanthi Pradikshina Pathe
 Pathe. Varghadwaya Pithrubhyo Namaha.**

**(Wear the poonal on the left side and do the Aavahanam in the koorcham
 – take ELLU in the hand after chanting the following mantram put the ellu
 on the koorcham.....)**

Those Who Are Yajurvedam: Aayathu Pitharaha Somya Gambeeraihi Pathibhihi Poorvaihi Praja Masmabhyam Dhadhatho Rayimcha Deergayuthwamcha Satha-sa-rathamcha, Aum Bhoorbhuvasuvarom – Asmin Koorche Mama Vargadwaya Pithrun Dyayami Aavahayami.

Vargadwaya Pithrunaam Idam Aasanam (put two darbha on the koorcham in the tambalam) Thiladhi Sakalaradhani Suvarchitam (put some ellu on the koorcham).

Those Who Are Rigvedam: Usanthasthwa-Havamaha Usantha samidheemahi Usannusatha Aavaha Pithrun Havishe Atthave Aum Bhoorbhuvasuvarom – Asmin Koorche Mama Vargadwaya Pithrun Dyayami Aavahayami.

Vargadwaya Pithrunam Idam Aasanam (put two darbha on the koorcham in the tambalam) Thiladhi Sakalaradhani Suvarchitham (put some ellu again on the koorcham)

Those Who Are Samavedam: Etha Pitharaha Somyasaha Gambeerebhihi Pathibhihi Poorvanebhihi Datthasmabhyam Dravinehabadram Rayimchanaha Sarveeram Niyaschatha usanthasthwa Havamaha Usantha Samidheemahi Usannustha Aavaha Pithrun Havishe Atthave Aum Bhoorbhuvasuvarom – Asmin Koorche Mama Vargadwaya Pithrun Dyayami Aavahayami.

Vargadwaya Pithrunaam Idam Aasanam (put two darbha on the koorcham in the tambalam) Thiladi Sakalaradhani Suvarchitham (put some ellu again on the Koorcham)



(Do each tharpanam three times with Ellu and water – If possible, say the Gothram and name before each tharpanam – (for ex:Haritha Gothram, Narayana Sharmanaha – Pithamahan Swadha Nama Tharpayami and Sreevatsa Gothrayaha, Lakshmy Naamni Maatha Mahi Swatha Nama Tharpayami)

Pithrun Swadha Nama Tharpayaami

Pithamahan Swadha Nama Tharpayaami

Prapithamahan Swadha Nama Tharpayaami

THOSE WHO DO NOT HAVE MOTHER THEN SAY:

- Mathrun Swadha Nama Tharpayaami
- Pithamahi Swadha Nama Tharpayaami
- Prapithamahi Swadha Nama Tharpayaami

THOSE MOTHER ALIVE THEN SAY:

Pithamahi Swadha Nama Tharpayaami

Pithipithamahi Swadha Nama Tharpayaami

Pithuprapithamahi Swadha Nama Tharpayaami

TO EVERYONE SAY (if any clarification with your home priest)

Mathamahan Swadha Nama Tharpayaami

Mathupithamahan Swadha Nama Tharpayaami

Mathuprapithamahan Swadha Nama Tharpayaami

Mathamahi Swadha Nama Tharpayaami

Mathupithamahi Swadha Nama Tharpayaami

Mathuprapithamahi Swadha Nama Tharpayaami

**The following will be applicable only to those who belongs to
BHODAYANAM**

- Acharyan Swadha Nama Tharpayaami
- Acharyapathnim Swadha Nama Tharpayaami
- Gurun Swadha Nama Tharpayaami
- Gurupathnim Swadha Nama Tharpayaammi
- Sakhin Swadha Nama Tharpayaami

- Sakhpathnim Swadha Nama Tharpayaami
- Jnathin Swadha Nama Tharpayaami
- Jnathipathnim Swadha Nama Tharpayaami
- Amathyan Swadha Nama Tharpayaami
- Amathyathnim Swadha Nama Tharpayaami
- Sarvaan Swadha Nama Tharpayaami
- Sarvaaha Swadha Nama Tharpayaami

To Everyone

Jnatha – Jnatha Pithrun Swadha Nama Tharpayaami

Oorjam Vahanthi – amrutham Gritham Payaha Keelalam Parisrutham Swadhastha Tharpayathume Mama Pithrun Tripyatha Tripyatha Tripyatha

(Put the poonal on right side as usual – and do tha namaskaram again)Devathabhya Pithrubhyascha Maha Yogibhya Evacha Nama Swadhaye Swahaye Nithyameva Namoh Namaha – Yani Kani Cha Papani Janmanthara Krithani Cha Thani Thani Vinasyanthi Pradakshina Pathe Pathe. Vargadwaya Pithrubhyo Namaha.

(Put tha poonal on left side – and do the Udyapanam on the Koorcham (sending back father !) take some ellu on the right hand and chant:

Those Who Are Yajurvedam: Aayathu Pitharaha Somya Gambeeraihi Pathibhihi Poorvaihi Praja Masmabhyam Dhadhatho Rayimcha deergayuthwamcha Satha-sa-rathamcha Aum Bhoorbhuvasuvarom – Asmath Koorchath Mama Vargadwaya Pithrun Yathastanam Prathishtapayami – Shobanarthe Kshemaya Punaragamanaya Cha

Those Who Are Rigvedam: Usanthasthwa – Havamahe Usantha Samidheemahi Usannasatha Aavaha Pithrun Havishe Atthave Aum Bhoorbhuvasuvarom – Asmath Koorchath Mama Vargadwaya Pithrun Yathasthanam Prathishtapayami – Shobhanarthe Kshemaya Punaragamanaya Cha

Those Who Are Samavedam: Yetha Pitharaha Somyasaha

Gambeerebhihi Pathibhihi Poorvanebhihi Datthasmabhyam
Dravinehabadram Rayimchanaha Sarvaveeram Niyaschatha
Usanthasthwa Havamaha Usantha Samidheemahi Usannusatha Aavaha
Pithrun Havishe Atthave Aum Bhoorbhuvasuvarom – Asmath Koorchath
Mama Vargadwaya Pithrun Yathasthanam Prathishtapayami
Shobanarthe Kshemaya Punaragamanaya Cha

(Now release the knot of the koorcham & keep the same with the
balance Ellu on right hand – on left hand water in the panchapatram and
chant below mentioned mantra and at the end – put it in the
Thambalam)

Yeshanna Matha Na Pitha Na Banddhuhu Nanya Gotrinaha tey Sarve
Tripti Maayanthu Mayothisrishtaihi Kushodhakaihi – Tripyatha Tripyatha
Tripyatha (Put the poonal on right side as usual)- release the Knot of the
Pavitram – put it on the north side and do the Aachamaneeyam.

Important Note: Dakshina to be kept separately and can give to your
home vadhyar whenever he visits to your home for Sraddham/some
occasions or send to some other vadhyar if you do not have permanent
home vadhyar!

Hiranya Garbha Garbhastham Hemabeejam Vibhavasoocho Anantha
Punya Faladham Atha Santhim Prayaschame – Amavasya / Sankarama
Sradha / Somoparaga/ Suryoparaga – Punyakale Vargadwaya Pithrun
Udisya Thila Tharpana Saadgunyartham Idham Hiranyam Sa
dhakshinaham, Sa thamboolam Brahmanaya Tubyamaham Sambradhath,
Aum Thatsath – (Keep this dakshina separately.)

Nandana Year Tharpanam Sankalpam - 2012-2013

13 April 2012 Friday - Mesha Ravi Samkramam

Nandana Nama Samvatsare Uttarayane Vasanta Rithou Mesha Maase
Krishna Pakshe Ashtamyam Punya thithou Brugu vaasara yukthayam
Uttharashada natchatra yukthayam shuba yoga shuba karana evamguna
visheshana vishishtaayaam asyaam varthamaanaayaam Ashtamyam Punya
thithou _____ gothranam_____Mesha Ravi
samkramana punyakaale vargadwaya pitrun udisya samkramana
shraadham hiranya roopena adhya karishye - thathangam thila tharpanam

karishye (except in India Purvashada to 10:35AM then Uttarashada)

20 April 2012 Friday-Amavasya

Nandana Nama Samvatsare Uttarayane Vasanta Rithou Mesha Maase Krishna Pakshe Amavasyam Punya thithou Brugu vaasara yukthayam Revathi natchatra yukthayam shuba yoga shuba karana evamguna visheshana vishishtaayaam asyaam varthamaanaayaam Amavasyam Punya thithou _____ gothranam_____Amavasya Punyakaale vargadhwaya pitrun udisya darsha shraadham hiranya roopena adhya karishye - thathangam thila tharpanam karishye (except in India Chaturdasyam to 10:25AM then Amavasyam)

20 May 2012 Sunday-Amavasya

Nandana Nama Samvatsare Uttarayane Vasanta Rithou Rishaba Maase Krishna Pakshe Amavasyam Punya thithou Bhanu vaasara yukthayam Krittika natchatra yukthayam shuba yoga shuba karana evamguna visheshana vishishtaayaam asyaam varthamaanaayaam Amavasyam Punya thithou _____ gothranam_____Amavasya Punyakaale vargadhwaya pitrun udisya darsha shraadham hiranya roopena adhya karishye - thathangam thila tharpanam karishye (except in India - Bharani natchatra to 9:40AM, then Krittika natchatra)

04 June 2012 Monday-Somoparaga (Lunar eclipse)

Nandana Nama Samvatsare Uttarayane Grishma Rithou Rishaba Maase Shukla Pakshe Pournamyam Punya thithou Indu vaasara yukthayam Anuradha natchatra yukthayam shuba yoga shuba karana evamguna visheshana vishishtaayaam asyaam varthamaanaayaam Pournamyam Punya thithou _____ gothranam_____Somoparaga Punyakaale vargadhwaya pitrun udisya upaaraga shraadham hiranya roopena adhya karishye - thathangam thila tharpanam karishye (except in UK Anuradha natchatra to 6:33AM / then Jhesta natchara; Pournamyam thithi to 12:11PM and in USA - Jhesta natchatra)

19 June 2012 Tuesday-Amavasya

Nandana Nama Samvatsare Uttarayane Grishma Rithou Mithuna Maase Krishna Pakshe Amavasyam Punya thithou Bhouma vaasara yukthayam Mrigashirisha natchatra yukthayam shuba yoga shuba karana evamguna

visheshana vishishtaayaam asyaam varthamaanaayaam Amavasyam Punya
thithou _____ gothranam_____Amavasya Punyakaale
vargadhwaya pitrun udisya darsha shraadhham hiranya roopena adhya
karishye - thathangam thila tharpanam karishye

[16 July 2012 Monday-Kataka Ravi Samkramana](#)

Nandana Nama Samvatsare Dakshinayane Grishma Rithou Mithuna Maase
Krishna Pakshe Triyodasyam Punya thithou Indu vaasara yukthayam
Mrigashirisha natchatra yukthayam shuba yoga shuba karana evamguna
visheshana vishishtaayaam asyaam varthamaanaayaam Triyodasyam
Punya
thithou _____ gothranam_____Kataka ravi samkramana
punyakale vargadhwaya pitrun udisya samkramana shraadhham hiranya
roopena adhya karishye - thathangam thila tharpanam karishye

[18 July 2012 Wednesday-Amavasya](#)

Nandana Nama Samvatsare Dakshinayane Grishma Rithou Kataka Maase
Krishna Pakshe Amavasyam Punya thithou Soumya vaasara yukthayam
Punarvasu natchatra yukthayam shuba yoga shuba karana evamguna
visheshana vishishtaayaam asyaam varthamaanaayaam Amavasyam Punya
thithou _____ gothranam_____Amavasya Punyakaale
vargadhwaya pitrun udisya darsha shraadhham hiranya roopena adhya
karishye - thathangam thila tharpanam karishye (except in India Arudra
natchatra to 10:20AM; then Punarvasu natchatra; Chaturdasyam to
9:08AM then Amavasyam)

[17 August 2012 Friday-Amavasya](#)

Nandana Nama Samvatsare Dakshinayane Varsha Rithou Simha Maase
Krishna Pakshe Amavasyam Punya thithou Brugu vaasara yukthayam
Ashlesha natchatra yukthayam shuba yoga shuba karana evamguna
visheshana vishishtaayaam asyaam varthamaanaayaam Amavasyam Punya
thithou _____ gothranam_____Amavasya Punyakaale
vargadhwaya pitrun udisya darsha shraadhham hiranya roopena adhya
karishye - thathangam thila tharpanam karishye

[15 September 2012 Saturday-Amavasya](#)

Nandana Nama Samvatsare Dakshinayane Varsha Rithou Simha Maase

Krishna Pakshe Amavasyam Punya thithou Sthira vaasara yukthayam Poorva Phalguni natchatra yukthayam shuba yoga shuba karana evamguna visheshana vishishtaayaam asyaam varthamaanaayaam Amavasyam Punya thithou _____ gothranam_____Amavasya Punyakaale vargadhwaya pitrun udisya darsha shraadhham hiranya roopena adhya karishye - thathangam thila tharpanam karishye (except in India Chaturdasyam to 9:40AM then Amavasyam)

15 October 2012 Monday-Amavasya

Nandana Nama Samvatsare Dakshinayane Varsha Rithou Kanya Maase Krishna Pakshe Amavasyam Punya thithou Indu vaasara yukthayam Chitra natchatra yukthayam shuba yoga shuba karana evamguna visheshana vishishtaayaam asyaam varthamaanaayaam Amavasyam Punya thithou _____ gothranam_____Amavasya Punyakaale vargadhwaya pitrun udisya darsha shraadhham hiranya roopena adhya karishye - thathangam thila tharpanam karishye (except in India Hastha natchatra to 10:10AM; then Chitra natchatra)

17 October 2012 Wednesday-Thula Ravi Samkramana

Nandana Nama Samvatsare Dakshinayane Varsha Rithou Kanya Maase **Shukla** Pakshe Dvitheeyam Punya thithou Soumya vaasara yukthayam Vishaka natchatra yukthayam shuba yoga shuba karana evamguna visheshana vishishtaayaam asyaam varthamaanaayaam Dvitheeyam Punya thithou _____ gothranam_____Thula Ravi samkramana punyakale vargadhwaya pitrun udisya samkramana shraadhham hiranya roopena adhya karishye - thathangam thila tharpanam karishye (except in UK Dviteeyam to 6:28AM, then Tritheeyam)

13 November 2012 Tuesday-Amavasya

Nandana Nama Samvatsare Dakshinayane Sharad Rithou Thula Maase Krishna Pakshe Amavasyam Punya thithou Bhouma vaasara yukthayam Swati natchatra yukthayam shuba yoga shuba karana evamguna visheshana vishishtaayaam asyaam varthamaanaayaam Amavasyam Punya thithou _____ gothranam_____Amavasya Punyakaale vargadhwaya pitrun udisya darsha shraadhham hiranya roopena adhya karishye - thathangam thila tharpanam karishye (except in USA - Vishaka Natchatra)

[28 November 2012 Wednesday-Somoparaga \(Lunar eclipse applicable for those in India/UK but not USA\)](#)

Nandana Nama Samvatsare Dakshinayane Hemant Rithou Viruchiga Maase Shukla Pakshe Pournamyam Punya thithou Soumya vaasara yukthayam Krittika natchatra yukthayam shuba yoga shuba karana evamguna visheshana vishishtaayaam asyaam varthamaanaayaam Pournamyam Punya thithou _____ gothranam_____Somoparaga Punyakaale vargadhwaya pitrun udisya upaaraga shraadham hiranya roopena adhya karishye - thathangam thila tharpanam karishye (except in UK Krittika natchatra to 9:10AM then Rohini natchatra and in USA – this tharpanam is not applicable)

[13 December 2012 Thursday-Amavasya](#)

Nandana Nama Samvatsare Dakshinayane Sharad Rithou Viruchiga Maase Krishna Pakshe Amavasyam Punya thithou Guru vaasara yukthayam Jheshta natchatra yukthayam shuba yoga shuba karana evamguna visheshana vishishtaayaam asyaam varthamaanaayaam Amavasyam Punya thithou _____ gothranam_____Amavasya Punyakaale vargadhwaya pitrun udisya darsha shraadham hiranya roopena adhya karishye - thathangam thila tharpanam karishye (except in USA - Tharpanam to be done on 12th Dec 2012; Anuradha natchatra and Amavasyam punya thithou)

[11 January 2013 Friday-Amavasya](#)

Nandana Nama Samvatsare Dakshinayane Hemant Rithou Thula Maase Krishna Pakshe Amavasyam Punya thithou Brugu vaasara yukthayam Poorvashada natchatra yukthayam shuba yoga shuba karana evamguna visheshana vishishtaayaam asyaam varthamaanaayaam Amavasyam Punya thithou _____ gothranam_____Amavasya Punyakaale vargadhwaya pitrun udisya darsha shraadham hiranya roopena adhya karishye - thathangam thila tharpanam karishye

[14 January 2013 Monday-Makara Ravi Samkramana](#)

Nandana Nama Samvatsare Uttarayane Hemant Rithou Magara Maase Shukla Pakshe Thritheeyam Punya thithou Indu vaasara yukthayam Dhanishta natchatra yukthayam shuba yoga shuba karana evamguna visheshana vishishtaayaam asyaam varthamaanaayaam Thritheeyam

Punya
thithou _____ gothranam_____Makara Ravi samkramana
punyakale vargadhwaya pitrun udisya samkramana shraadham hiranya
roopena adhya karishye - thathangam thila tharpanam karishye (except in
US - Chaturtham from 6:37AM; Shatabishak natchatra)

[09 February 2013 Saturday-Amavasya](#)

Nandana Nama Samvatsare Uttarayane Hemant Rithou Magara Maase
Krishna Pakshe Chaturdasyam Punya thithou Sthira vaasara yukthayam
Shraavana natchatra yukthayam shuba yoga shuba karana evamguna
visheshana vishishtaayaam asyaam varthamaanaayaam Chaturdasyam
Punya thithou _____ gothranam_____Amavasya
Punyakaale vargadhwaya pitrun udisya darsha shraadham hiranya roopena
adhya karishye - thathangam thila tharpanam karishye (Except in India
Uttarashada natchatra to 6:30AM then Shraavana natchatra and in USA -
Amavasyam from 4:49AM)

[05 March 2013 Tuesday Ashtaka](#)

Nandana Nama Samvatsare Uttarayane Shisira Rithou Kumba Maase
Krishna Pakshe Ashtamyam Punya thithou Bhouma vaasara yukthayam
Jheshta natchatra yukthayam shuba yoga shuba karana evamguna
visheshana vishishtaayaam asyaam varthamaanaayaam Ashtamyam
Punya thithou _____ gothranam_____Ashtaka
punyakale thila tharpanam karishye

[06 March 2013 Tuesday Anvashtaka](#)

Nandana Nama Samvatsare Uttarayane Shisira Rithou Kumba Maase
Krishna Pakshe Navamyam Punya thithou Soumya vaasara yukthayam
Moola natchatra yukthayam shuba yoga shuba karana evamguna
visheshana vishishtaayaam asyaam varthamaanaayaam Navamyam
Punya thithou _____ gothranam_____Anvashtaka
punyakale thila tharpanam karishye

[11 March 2013 Monday-Amavasya](#)

Nandana Nama Samvatsare Uttarayane Shisira Rithou Kumba Maase
Krishna Pakshe Amavasyam Punya thithou Indu vaasara yukthayam
Shatabishak natchatra yukthayam shuba yoga shuba karana evamguna

visheshana vishishtaayaam asyaam varthamaanaayaam Amavasyam Punya
thithou _____ gothranam_____Amavasya Punyakaale
vargadhwaya pitrun udisya darsha shraadhham hiranya roopena adhya
karishye - thathangam thila tharpanam karishye (except in USA - Poorva
Proshta Pada natchatra from 2:48AM)

[10 April 2013 Wednesday-Amavasya](#)

Nandana Nama Samvatsare Uttarayane Shisira Rithou Meena Maase
Krishna Pakshe Amavasyam Punya thithou Soumya vaasara yukthayam
Revathi natchatra yukthayam shuba yoga shuba karana evamguna
visheshana vishishtaayaam asyaam varthamaanaayaam Amavasyam Punya
thithou _____ gothranam_____Amavasya Punyakaale
vargadhwaya pitrun udisya darsha shraadhham hiranya roopena adhya
karishye - thathangam thila tharpanam karishye

[13 April 2013 Saturday-Mesha Ravi Samkramana](#)

Nandana Nama Samvatsare Uttarayane Shisira Rithou Meena Maase
Shukla Pakshe Thritheeyam Punya thithou Sthira vaasara yukthayam
Krittika natchatra yukthayam shuba yoga shuba karana evamguna
visheshana vishishtaayaam asyaam varthamaanaayaam Thritheeyam
Punya
thithou _____ gothranam_____Mesha Ravi
samkramana punyakaale vargadhwaya pitrun udisya samkramana
shraadhham hiranya roopena adhya karishye - thathangam thila tharpanam
karishye